



PRE-CONFERENCE WORKSHOP: Towards Reconciliation: Partnering for Health Equity

TUESDAY, JUNE 26TH

TIME	EVENT
6:30am - 7:00am	Pipe Ceremony (optional) Please bring a long skirt, or a wrap to cover from waist to ankle. If you do not have a wrap, there will be extra available.
7:00am – 9:00am	Registration and Breakfast
9:00am – 9:30am	Opening Ceremonies & Remarks Elder Poitras, Saskatchewan CINA President: Lea Bil CHNC President: Katie Dilworth CNA President: Claire Betker
9:30am – 10:30am	Opening Keynote Towards Reconciliation: Partnering for Health Equity <ul style="list-style-type: none">• Dr. W. Ermine, Elder• Norma Rabbitskin, RN <p>Through reconciliation, weaving in cultural revitalization ... When many of the Elders of our community today were children, our people lived in a good way-co-existing our families and with the wider world of nature and sentient beings of the land. People lived by gentle codes of life that enhanced them as they walked paths of non-interference, non-hindrance and honorable reverence for all Creator's creation. Things have changed and many of our people were affected by "mind disruptions" that exiled them from cultural practices and frayed peoples' connections with nature. It is now the case many of our people are recognizing the need to go back to traditional practices that teach them how to walk in balance with all life.</p> <p>To have health equity through reconciliation requires protracted efforts in community development of health systems that are effective and relevant for first nation people. Reconciliation necessarily involves opening spaces in the</p>



CANADIAN INDIGENOUS NURSES ASSOCIATION

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local health field of community for use of traditional knowledge and the inclusion of ancestral practices in the delivery of health. This involves memory work with elders and knowledge keepers and the intentional weaving of traditional health practices with established bio-medical models of health. This effort in recovery of indigenous knowledge of health must be guided by community, but must also involve an up-take in the policies of provincial and federal departments

10:30am– 11:00am

Networking Break

visit the artisan exhibits

11:00am– 12:00am

Breakout Sessions

- Accessing Online Professional Development Courses: Melissa Spence
 - Working with Fathers: Examining Practice...Creating Change: Rena Kim
 - Recruitment of Indigenous Nursing Students: Victoria Marchand
 - Reconciliation in Action: Indigenous Land-based Traditional Medicine Curriculum Development – Pepper Pritty
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12:00pm – 1:15pm

Networking Buffet Lunch

visit the artisan exhibits

1:15pm – 2:15pm

Keynote Presentation

IND-Equity: Moving from Benevolence to a Rights-based Nursing Approach for Indigenous Populations

- Bernice Downey, PhD

Health equity is upheld as a way to assist people to reach their full potential and receive high quality healthcare that is fair and appropriate to them and their needs. Where they live, what they have and who they are is not supposed to matter.

However, there remain significant gaps in health outcomes and access to service for different populations in Ontario. For Indigenous people, lower life expectancy and greater infant mortality paint the picture of ongoing health inequality.

The literature supports a need to balance the implementation of universal measures to improving population health with



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targeted approaches aimed at improving health outcomes for marginalized populations.

As nurses engage in the development of Post – Truth and Reconciliation strategies to establish a more culturally relevant -safe practice what do they need to know about equity? This session will provide an opportunity to explore this question within the current reconciliation and rights -based environment.

2:15pm – 2:45pm

Networking Break

visit the artisan exhibits

2:45pm – 3:45pm

Breakout Sessions

- Are Healthcare Providers Understanding Their Facilitative and Supportive Role During End of Life Care?: Lea Bill/Angeline Letendre
 - Addressing Opioid and other Addictions: Juanita Rickard
 - Salt in a Pepper World: Working Interculturally in Indigenous Nursing: Greg Riehl
 - Indigenous Nursing Mentorship & Cultural Safety for Nursing Education: Michele Parent-Bergeron/Montana Massicotte
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3:50pm – 4:30pm

Wrap up of Workshops and Brief Summary

- Closing comments - Presidents of CINA/CHNC
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5:30pm – 7:00pm

CINA Annual General Meeting

5:30pm – 6:30pm

CHNC Annual General Meeting

7:00pm – 8:30pm

CINA/CHNC Networking Reception

- Open for all conference and pre-conference participants!
 - Regionally-inspired appetizers served, and a cash bar will be available.
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WEDNESDAY, JUNE 27TH

TIME	EVENT
8:00am - 9:00am	Networking Breakfast & Morning Greetings
9:00am - 10:00am	<u>Opening Keynote: Caring, Connecting and Leading for a Healthy Canada</u> <i>Dr. Stuart Skinner, Clinical Assistant Professor, University of Saskatchewan, Division of Infectious Diseases</i> <i>Susanne Nicolay, RN, BA, BScN, ACRN, Clinic and Projects Coordinator, Wellness Wheel, Inc.</i> <i>& Community Member, Name to come</i>
10:00am-10:15am	Networking Refreshment Break
10:15am-11:15am	<u>Breakout Sessions - 100</u>
11:15am-11:25am	Stretch Break
11:25am-12:25pm	<u>Breakout Sessions - 200</u>
12:30pm - 1:45pm	Networking Lunch
12:30pm - 1:30pm OR 12:45pm - 1:45pm	Meeting & Lunch of Home Health Nurses <i>Open invitation to network and explore supports.</i> CHN Nurse Educators Meeting <i>Pre-registration appreciated, for lunch quantity.</i>
2:00pm - 3:00pm	<u>Breakout Sessions - 300</u>
3:00pm - 3:30pm	Refreshment Break
3:30pm - 4:30pm	<u>Plenary: Influencing Change in Community Health Nursing</u> <i>Co-hosts of The Four: Bevann Fox, Wendy Whitebear, Melissa Obey, Samantha Racette</i>
4:30pm	Free Time + SOCIAL OPTION



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THURSDAY, JUNE 28TH

TIME	EVENT
7:30am - 8:30am	CHNC Standards of Practice Revision Consultation
8:30am - 9:15am	Networking Breakfast & Morning Greetings
9:30am-10:30am	<u>Breakout Sessions - 400</u>
10:30am-11:00am	Networking Refreshment Break
11:00am-12:00pm	<u>Breakout Sessions - 500</u>
12:00pm-1:30pm	Networking Lunch & Recognition Ceremony
12:00pm-1:00pm	Lunch & Meeting of School-Based Public Health Nurses <i>Pre-registration appreciated for lunch order.</i> Discussion to include: accessibility to public health resources, web-based information repositories, leadership.
1:30pm - 2:30pm	<u>Breakout Sessions - 600</u>
2:30pm - 2:45pm	Refreshment Break
2:45pm - 3:10pm	<u>Breakout Sessions - 700</u>
3:20pm - 4:30pm	<u>Closing Keynote: The Road to Wellness</u> <i>Gerry Oleman, Cultural Advisor, Elder, Workshop Facilitator</i>